

These radKIDS classes are for K, 1st, 2nd, and 3rd graders ONLY.

Student:Grade:	
This is an after school program. The class will on Mocost is \$10. Class will start Monday, January 27th. T	ondays for 8 weeks. The
be Monday, March 31st. Choose one:	
<u>Early Birds</u> <u>Later</u>	<u>Gators</u>
□Mondays 1:15-2:15 □Monda	ys 2:30-3:30
Space is limited, so turn in all forms and money (\$1 Forms due Wednesday, January 22 nd . Write check Forms needed: Registration, Parental Consent, We Rules/Discipline.	ks to Sego Lily PTA.
To ensure your child will be sent home safely, plea	ise choose one:
☐My child will get a ride home. Driver:	
☐My child will walk home with a buddy. Buddy: _	
We need volunteers to make this program possible waived if you volunteer in your child's radKIDS cla	
☐Yes, I would love to volunteer in my child's ra	adKIDS class!
Parent:Phone	e #:

*Turning in forms and money does not guarantee your child a spot in the class. Spots are first come, first serve (with all forms and \$). The number of children in class depends on volunteers. We will contact you to let you know if your child is in the class or not. Money will be refunded if your child isn't in the class.



radKIDS PARENTAL CONSENT FORM

I	, authorize my son / daughter,
	to attend the upcoming self es-
teem and p	personal empowerment safety education program offered by rad-
KIDS, Inc.	course offered by radKIDS at,
on	· · · · · · · · · · · · · · · · · · ·
	are below hereby acknowledges to radKIDS, Inc. and its radKIDS or Instructors:
That and cour ipate we r ploy thro	my son/daughter and I are aware of the physical nature possible risks of injury incident to taking this practical se in personal safety; That he/she is physically fit to partice in this course, involving various physical techniques; and, realize that such techniques cannot be successfully emed in every situation, and proficiency can only be achieved ugh continued practice, exercise of good judgment, and a on's natural ability.
I als	o understand that sensitive subject matter will be discussed is in the Parent's Manual for my review.
structors,	ure also releases radKIDS, Inc., and its radKIDS Instructor or In- and sponsor, and agrees to hold them harmless, from any liability that may be incurred as a result of this course, or use of the strate- n.
THAT TH	READ THE ABOVE WAIVER AND RELEASE. I UNDERSTAND ERE ARE PHYSICAL SKILLS AND ACTIVITIES IN THIS PROSIGN IT VOLUNTARILY.
Signature_	Date (Parent or Legal Guardian)
	(Parent or Legal Guardian) Email:
i none	Lillan.
* This B	The initializing of this box also grants permission for my child's picture to be taken for the purpose of the graduation certificate and/or general media or press release from the radKIDS program. OX MUST be initialed for your child to participate tross off "media or press release" and initial by it if want your child in any media. Thank you. Instructor Manual/Section 5
radkID5	Want your child in any Media. Thankyon. Instructor Manual/Section 5

radKIDS® 9 New Venture Drive Unit #4 5. Dennis, MA 02660 (508) 760-2080 www.radkids.org radkids@radkids.org



radKIDS WELLNESS INFORMATION FORM

	me:		
			Zip:
			Age:
In case of emer	gency please con	tact:	
Name: _			
Phone: _			
Relations	ship:		
	<u>Confiden</u>	<u>tial Medical H</u>	<u>istory</u>
1. Date of child	d's most recent m	nedical examinat	ion
			es No
•	·		
3. Has he/she	ever been hospit	alized or treated	for an injury?
4. Has he/she	ever been injured	d and not receive	d medical attention?
Yes		No	
If yes, please de	escribe:		
			ions which are currently
5. Does he/she	e have any currer	it medical condit	ions which are carronery
-	e have any currer Yes		
being treated?	Yes	No	
being treated?	Yes	No	
being treated? If yes, please de	Yes	No	
being treated? If yes, please de 6. Is he/she cu	Yesescribe:	No	ugs?

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7. Does he/she have:	Any known allergies	Yes	No
	Difficulty breathing	Yes	No
	High blood pressure	Yes	No
	Diabetes	Yes	No
If yes, please describe:			
8. How frequently do	es he/she exercise?		
What type of exercise?			
9. Has he/she ever be	en involved in self-defe	ense or Mari	tial Arts Training?
	No		_
	3		
10. Please describe yo	our perception of his/he	er current fi	tness level:
Parents/Guardian Pho	one:		
Email:			
	n is complete, true and	accurate to	the best of my
knowledge.	r is complete, true una	accurate to	and post of my
Signature of Parent/G	uardian	-	
Instructor's check		_	
	r a	d	I I K
		TIM	70
	A X	7 24	

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 $radKIDS^{®}$ Instructor Manual/Section 5

Personal Empowerment Safety Education ®



DEAR radKIDS PARENT:

We are looking forward to working with your child. radKIDS is a dynamic and exciting program where your child will learn about safety awareness and physical defense. In order to foster the best learning environment possible, we have developed the following sets of rules, rewards and discipline procedures. They will be followed for the duration of the program. Please go over them with your child and sign and return the attached form. If you have any questions or concerns please feel free to contact your child's Instructor(s).

radKIDS CLASS RULES

- 1. Walk, don't run.
- 2. Keep hands, feet and objects to yourself.
- 3. Use a quiet voice unless otherwise directed by instructor.
- 4. Raise your hand and wait to be called on.
- 5. Follow the directions of your instructor/teacher.
- 6. Be polite and respect others.
- 7. Ask questions.
- 8. Do not use equipment without permission.
- 9. No competing or practicing with classmates.
- 10. Report any injuries right away.
- 11. No horseplay.
- 12. When you see the closed fingers raised it is a signal for you to be quiet.

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RadKIDS REWARDS

Rewards for appropriate behavior will be given at the end of each class. Some possible rewards are Stickers, Certificates, and/or Grab-bag treats.

RadKIDS DISCIPLINE

Below are the steps that will be taken if a child chooses not to follow a rule:

1st Offense: Child will receive a warning and his/her name will be written on the board or flip chart.

2nd Offense: Child will be given a time out and a check mark will be placed next to his/her name.

3rd Offense: Child will be given one more time out and a second check mark will be placed next to his/her name.

4th Offense: Child will not be allowed to further participate in that day's class and parent will be contacted.

For severe disruptions such as fighting or hitting* the child's parents will be contacted and the child will not be allowed to continue participating in that day's class.

*Please explain to your child that there will be a time when he/she is asked to hit padded targets and at those times hitting is OK.

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Please sign and return.
I have reviewed the radKIDS Rules, Rewards and Discipline Procedures
With(Child's name)
Signature(Parent or Legal Guardian)
Date

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